

Nourish Mind Soul Body Pty Limited

 Location
15 Banksia Street
Point Vernon

 Phone
0492 911 109

 Email
admin@nrsh.me

 NDIS Supplier
No

 Applicable Ages
18-24, 25-34, 45-54, 65-74, 75+

Service Areas

Counselling Referral and Support

Mental Health Services

Opening hours

Monday	8:30AM - 5:30PM
Tuesday	8:30AM - 5:30PM
Wednesday	Closed
Thursday	8:30AM - 5:30PM
Friday	8:30AM - 5:30PM
Saturday	Closed
Sunday	Closed

Nourish Mind Soul Body provides Counselling, Trauma Therapy, Workshops and Retreats. Tania Comerford is a qualified counsellor (BCouns) and both Tania and Dean Comerford are practitioners in The Richards Trauma Process (TRTP). TRTP reduces depression, anxiety and stress in three sessions. We regularly see a number of NDIS clients. Our service is available in person in Point Vernon or online.