

Mates4Mates

 Location
Level 6
100 Wickham Street
Fortitude Valley

 Phone
1300 4 MATES

 Email
enquiry@mates4mates.org

 Website
<https://mates4mates.org/>

 NDIS Supplier
No

 Applicable Ages
18-24, 25-34, 45-54

 Inclusions
All

Service Areas

Counselling Referral and Support

Health Services

Mental Health Services

Veterans Support

Opening hours

Monday	8:30 - 4:30
Tuesday	8:30 - 4:30
Wednesday	8:30 - 4:30
Thursday	8:30 - 4:30
Friday	8:30 - 4:30
Saturday	-
Sunday	-

Mates4Mates is a veterans' charity supporting current and ex-serving Defence Force personnel and families to reconnect and recover. We provide mental health and wellbeing services, physical rehabilitation and wellbeing services, skills-based group clinical programs, and social connection activities to those impacted by service. We are located in Brisbane, Ipswich, Maroochydore, Townsville, Cairns, Darwin, Hobart and Launceston, and we also provide services in outreach areas and via telehealth.

Clinical Services