

headspace | Hervey Bay

 **Location**
Shop 3/15 Central Avenue
Urraween

 **Phone**
[\(07\) 4303 2100](tel:(07)43032100)

 **Email**
faxherveybayheadspace@wmq.org.au

 **Website**
<https://headspace.org.au/headspace-centres/hervey-bay/>

 **NDIS Supplier**
No

 **Applicable Ages**
12-18, 18-24

Service Areas

Counselling Referral and Support

Mental Health Services

Youth Services

Opening hours

Monday	8:30AM - 6:00PM
Tuesday	8:30AM - 6:00PM
Wednesday	8:30AM - 6:00PM
Thursday	8:30AM - 5:30PM
Friday	8:30AM - 4:30PM
Saturday	Closed
Sunday	Closed

headspace Hervey Bay provides free health and community services for young people 12-25 years old on the Fraser Coast. We are an inclusive service and do not discriminate regardless of race, cultural background, religion, sexual orientation, gender, or disability.

We provide support for mental health, general health, drug and alcohol issues, and vocation and education support. With the help of its dedicated youth friendly staff of Psychologists, Counsellors and Intake & Access workers, headspace Hervey Bay has been designed as a one-stop-shop for young people seeking help or advice for any of their concerns.