

## Fraser Coast Mates

✉ Email  
[admin@frasercoastmates.com.au](mailto:admin@frasercoastmates.com.au)

♡ NDIS Supplier  
No

🌐 Website  
<https://www.frasercoastmates.com.au/>

👤 Applicable Ages  
All ages

### Service Areas

Mental Health Services

Fraser Coast Mates is a local organisation that aims to spread awareness of mental wellness with the goal of preventing suicide in both men and women across the Fraser Coast community.

We are also passionate about building a community of mates that look out for each other and know that we all need a helping hand from time to time.